



Course
FIRST AID & CPR
CERTIFICATION

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 Level 1, 127 Castlereagh Street
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Australian
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College

FIRST AID & CPR CERTIFICATION

This nationally accredited set of skills aims to address the skills and knowledge required to administer basic first aid and CPR.

To achieve the First Aid and CPR Certification, the candidate must complete two (2) units of competency; refer to unit list on page 2.

Australian Global College is committed to providing an inclusive learning environment. Principles of access and equity for all students are applied in all programs.

Course Outcome

The course applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings. It will give participants the confidence to provide help in case of an emergency; develop important skills in how to conduct a primary and secondary assessment;

provide CPR and resuscitation to adults, children and infants including duty of care requirements and develop important skills in how to respond to emergency situations accordingly.

Delivery Mode

This course can be delivered in a flexible program of mixed-mode or classroom* based learning.

Theory:

Students may complete their assessments at their own pace. Support from a designated trainer is available via email, phone, SMS and video call. Some review of theory may be completed in class with the designated trainer present.

Practical:

All practical assessments will be carried out in the classroom with the designated trainer present.

**Classroom may be arranged on a case-by-case basis. Minimum numbers may apply. Ask us for more information.*

Course Duration

Students will be required to attend a classroom based practical training session for one (1) full six (6) hour day. All theory assessments must be completed in the students own time before the practical training, theory will be reviewed on the day. The methods in which students are assessed may include written questions, projects and observations. Students will need to follow the training plan provided to them to ensure they complete the course within the required training plan.

Entry Requirements

There are no formal entry requirements for this qualification.

- Applicants will be required to undertake a Language, Literacy & Numeracy assessment.
- Applicants will be required to complete a Pre-Training Review.
- Applicants must be able to attend all practical assessments on the assigned dates where required.

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Possible job titles include

Health & Community Services Worker

Sporting Club Attendant

Workplace First Aid Officer

Childcare Supervisor

Units of Competency

HLTAID011

Provide first aid

HLTAID009

Provide cardiopulmonary resuscitation

Certificate

On successful completion of all assessments each participant will receive a Nationally Recognised Statement of Attainment in:

HLTAID011 - Provide first aid

HLTAID009 - Provide cardiopulmonary resuscitation

*Please note:

The first aid certification is valid for 3 years.

The CPR certification is valid for 1 year.

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Unit Overview

HLTAID011 - Provide first aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies. This unit covers the following: First aid management; bleeding control; respiratory distress, basic wound care; how to respond to emergencies; assist people suffering from shock.

Knowledge Evidence examples:

Knowledge of state/territory regulations, first aid codes of practice and workplace procedures; principles and procedures for first aid management for a range of scenarios including abdominal injuries, allergic reaction, choking and basic wound care.

Performance Evidence examples:

Students must perform applied first aid procedures for anaphylaxis, bleeding control, shock and respiratory distress.

HLTAID009 - Provide cardiopulmonary resuscitation

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC). This unit covers the following: Response to an emergency situation; perform CPR procedures; communicate details of an incident; review an incident.

Knowledge Evidence examples:

Relevant ARC guidelines to managing the unconscious breathing and non-breathing casualty and provision of CPR; techniques for providing CPR to adults, children and infants; duty of care requirements; infection control procedures, including use of standard precautions and resuscitation barrier devices.

Performance Evidence examples:

Students must perform at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin on the floor; perform at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface.

IMPORTANT: In order to successfully complete the course, students must be able to meet the physical requirements of the practical assessments. See practical evidence examples above.

Course Fees - \$120

Subsidised Training: Participants may be eligible to receive subsidised training or a fee reduction through the NSW Government Smart & Skilled program. Contact AGC for further information on determining your eligibility.

This training is subsidised by the NSW Government.

Eligibility

To be eligible to receive Smart and SKilled funding, applicants must meet the following criteria:

- Living or working in NSW.
- 15 years old or older and no longer at school.
- An Australian citizen, Australian permanent resident, humanitarian Visa holder or New Zealand citizen.

Student Support

Academic support

Students have access to trainer support throughout the duration of their course, whether they are learning via correspondence, online or in class. Our experienced trainers are available to answer any questions students may have regarding the learning materials and assessments. The appointed trainer can be contacted via email, phone or video call, students will be provided with these contact details on course commencement.

Administrative support

The administrative team is available during business hours (9am - 5pm) Mondays to Fridays and can assist students with all administrative enquiries or issues, including enrolment, change of contact details, class schedules, online learning and certification. The administrative team can be contacted using details further below.

APPLICATION TO ENROL

Australian Global College is committed to ensuring all applicants clearly understand the details and outcomes of the course they are enrolling in. For information on the enrolment process and to apply please speak with your workplace coordinator, job service provider, contact us directly.

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